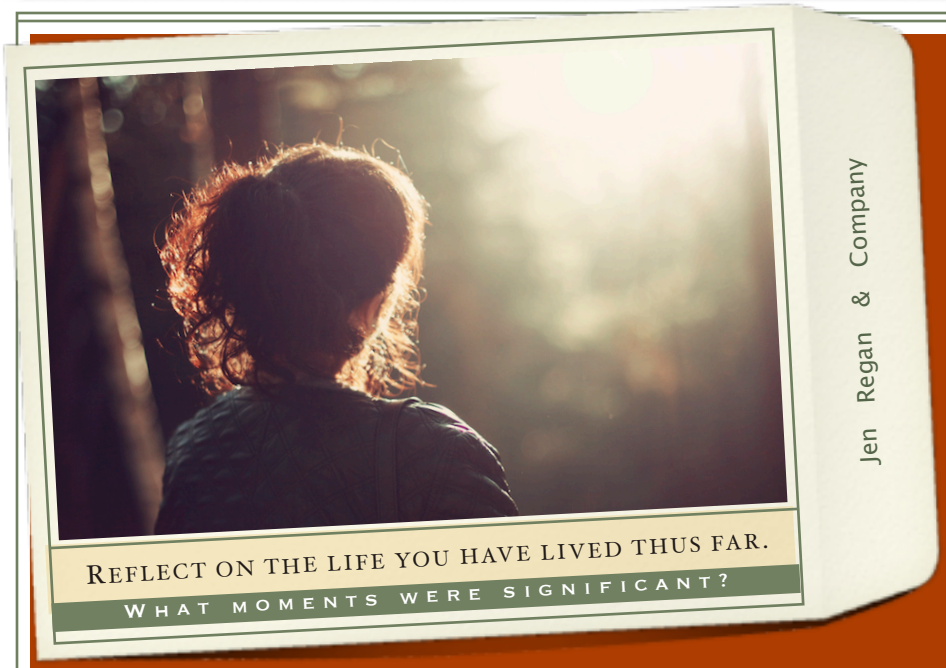
LIVE THE LIFE YOU DESIRE

RESOURCE

WHAT IS MOST IMPORTANT TO YOU?



Use the space below to document your significant memories. Ask yourself, what made them significant? Do you start to see categories emerge, like family, health, career, spirituality, friends, home, fun, money, etc?

SIGNIFICANT MOMENTS OF YOUR LIFE:

WHAT CATEGORIES HAVE YOU FOUND TO BE SIGNIFICANT & MOST IMPORTANT TO YOU?

My List:

#1

#2

#3

#4

#5

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