

RESOURCE

5 In - 5 Out



Jen Regan & Company

WHAT IS MOST IMPORTANT TO YOU?

WHAT DO YOU WANT TO ADD TO YOUR LIFE?

As you start to shift your time towards what is most important to you, it will require shifting a few things out of your schedule. Then you get to replace those things with better choices. How exciting!

WHAT ARE 5 THINGS YOU WANT TO ADD TO YOUR LIFE AND TO YOUR SCHEDULE?

My List:

#1

#2

#3

#4

#5

WHAT ARE 5 THINGS YOU ARE READY TO REMOVE FROM YOUR SCHEDULE?




